

Awareness Sessions and Health Workshops for Truck drivers, helpers and the communities

Development Alternatives organised an awareness session at Mann Veg Dhaba, NH-1, Sonipat, Haryana, on 23 and 24 September 2021, as part of its 'Suhana Safar programme'. The aim of the workshop was to generate awareness about Road Safety, WASH, clean food and water and important measures to take against the Covid-19 pandemic.

The workshops also conducted health examinations of participants, which included eye-check-up, blood sugar level tests and the physician check-up. Through the two day workshop, 650 people including truck drivers, helpers and nearby community members were informed about important measures one must take for good health and hygiene.

Initially the focus of this workshop was on the truck drivers and helpers, who are often overlooked at the depots due to their different journey timings. But, during the workshops, number of participants started increasing unexpectedly. The community members residing nearby and the Dhaba staff also attended the workshops and the health check-ups.

The Dhabas were selected as target locations for conducting the workshop as it is a resting point for truck drivers after their long voyages. During the workshops, all of the Covid-19 compliances were followed with necessary protocols. All the participants, team members and medical professionals, were properly sanitised and wore disposable facemasks. Also, it was ensured that a maximum of 20 participants were present in the hall for each session, in order to maintain social distancing.

After completing the health check-ups of participants, awareness sessions were conducted which consisted of information related to WASH (Water, Sanitation & Hygiene), Nutrition, and important precautions to be taken during the pandemic in different areas.



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At the end, all the participants were felicitated with a Participation Certificate and a WASH kit followed by lunch. The workshop was highly appreciated by the participants, and they presented their best interest in attending such sessions in future.

